

Lauren Haas

WILD ORGANIC WELLNESS

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Dinner Party Menu Options

Appetizers (Pick 2-4):

Thai Fresh Roll with Sriracha Almond Butter Dipping Sauce.

Israeli Hummus with Spiced Lamb, Roasted Mushrooms, Pine Nuts and Currants.

Artisanal Charcuterie and Cheese Board.

Minced Chicken in Lettuce Cups.

Minced mushrooms in Lettuce Cups.

Chicken or Shrimp Satay with Cashew Butter Dipping Sauce.

Salads (Pick 1-2)

Arugula and Frisse Salad with Roasted Kabocha Squash, Pepitas, and Herbs.

Quinoa Tabouli Salad with Cherry Tomatoes, Cucumbers, and Pickled Shallots.

Butter Lettuces, Avocado, Cucumber, Dill Salad with Tahini Dressing.

Greek Salad with Almond Milk Feta Cheese and Zaatar Dressing.

Buratta, Roasted Red and Yellow Beets, Tomatoes, Watercress, Pistachio, and Lemon
Vinaigrette

Entrees (Pick 1-2)

Steelhead Trout Marinated in Tangerine, Turmeric, Olive Oil and Cilantro.

Miso Glazed Chilean Sea Bass or Salmon.

Roasted Shrimp Scampi with Herbs and Garlic.

Chinese 5-Spice Wild Salmon.

Chili Cilantro Chilean Sea Bass.

Oven Roasted Chicken Shawarma.

Curried Roasted Chicken Thighs.

Turmeric Cumin Tangerine Roasted 8 Piece Chicken.



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Vegetable and Grain Side Dishes (Pick 1-3):

Roasted Cumin Cauliflower, Golden Raisins, Herbs, and Tahini.

Crispy Curried Cauliflower Pops with Crispy Spiced Garbanzo Beans.

Roasted Bell Peppers with Warm Melted Cashew Cheese.

Cumin and Turmeric Roasted Carrots, Dried Apricots and Marcona Almonds.

Crispy Brussels Sprouts, Caramelized Onions, Roasted Apples and Smoked Salt.

Honey Roasted Turmeric Yams

Thai Coconut Black Rice Risotto

Quinoa with Indian Spiced Root Veggies

Classic Roasted Root Vegetables.

Dessert (Pick 1-3):

Homemade Vegan Dark Chocolate Tart with Fresh Berries

Fresh Berries over Coconut Milk Ice Cream

Local Chocolate, Organic Fruit and Nut Board

Cheese and Fruit Board

Sweet Treat Platter: Truffles, Cookies, Brownies, Lemon Bars and Berries.